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Morning Glory



SEND
to a
FRIEND

Sneak in your daily dose of greens with this on-the-go smoothie.

We barely have the time to shop for the produce that goes into daily green drinks, let alone the precious fridge space. So when we heard that one of our favorite wellness gurus, [Dr. Frank Lipman](#), had come up with an instant version...we raised our glasses!

All you need is some water and the doc's just-launched-today **GREENS supplement**. Each single-use packet is brimming with organic green goodness, superfoods, phytonutrients and antioxidants that will help aid digestion, boost your immune system, and sustain energy.

It's a daily dose of vegetables in drinkable form--and it tastes good! Seriously. We wake up craving a glass of the slightly sweet mixture. While we love it just mixed with water (it has only 27 calories), [here's a supercharged green Banana Berry Smoothie recipe](#).

Fill 'er up!

SIGN UP

You stock your fridge with wholesome goodies – why not do the same for your inbox? Sign up for your free daily email.

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Know something
healthy that's

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